



A Comprehensive Spiritual Growth Plan For Students

"They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by the heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit."

Jeremiah 17:8 (NLT)

 **SUGARHILL**

CHURCH

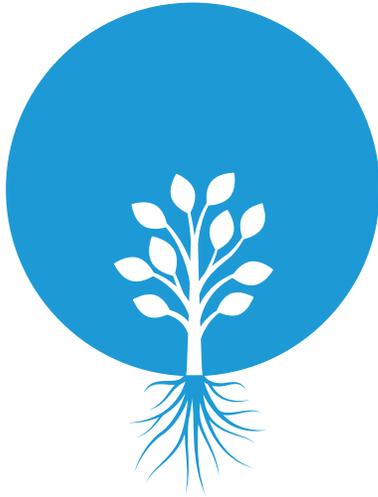
#sugarhillstudents



A Comprehensive Spiritual Growth Plan For Students

All loving parents desire that their children grow up to be responsible, mature adults with a solid foundation to live life well. Not only do we want our children to have "deep roots", we desire for them to be grounded for life... not only grounded for the duration of their life, but also grounded to experience the abundant life that is offered through a personal relationship with Jesus Christ. But how do we help children establish such a solid foundation in such a turbulent world?

We have a plan... *Grounded for Life* is Sugar Hill Church's comprehensive plan for developing graduates who are followers of Christ into college and beyond. The plan is centered on nine Biblical principles that we feel are essential for children to learn and for graduates to have ingrained in their lives. These principles speak truth in three key areas: identity, maturity, and responsibility.



IDENTITY

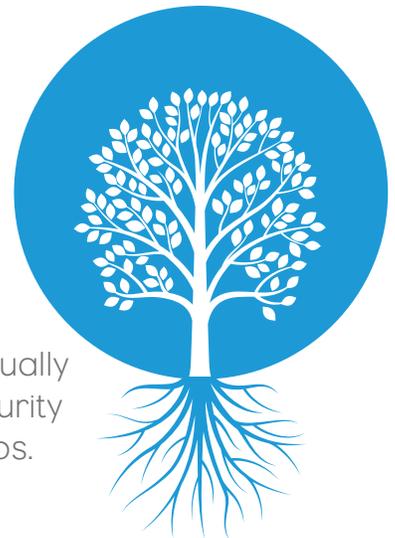
Heart-Change

Our identity affects not only how we see ourselves, but also our entire worldview. An identity grounded in Jesus Christ is necessary to experience abundant life. One's identity is formed in Christ through salvation, authentic worship, & active obedience.

MATURITY

Mind-Change

Growth is obviously essential to life. We are called to be continually growing in Christ, which produces "spiritual fruit." Marks of maturity include consistent growth, wise choices, & Godly relationships.



RESPONSIBILITY

World-Change

As a responsible follower of Jesus Christ, we must demonstrate faithful obedience to His commands. We are called to sincere stewardship, selfless service, & missional living.



IDENTITY

Salvation

God loves you & wants a *PERSONAL* relationship with you.

Very truly I tell you, whoever hears my word and believes Him who sent me has eternal life and will not be judged but has crossed over from death to life.

John 5:24

Authentic Worship

God calls you to a life of authentic worship.

Therefore, I urge you, brothers & sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy & pleasing to God—this is your true & proper worship.

Romans 12:1

Active Obedience

God created you to live under authority.

Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. Consequently, whoever rebels against the authority is rebelling against what God has instituted, and those who do so will bring judgment on themselves.

Romans 13:1-2



MATURITY

Consistent Growth

To spiritually grow, you must be spiritually fed.

Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation... 1 Peter 2:2

Wise Choices

Today's choices determine your future...CHOOSE WISELY!

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. Therefore do not be foolish, but understand what the Lord's will is. Ephesians 5:15-17

Godly Relationship

Your life will be significantly shaped by your relationships.

As iron sharpens iron, so one person sharpens another. Proverbs 27:17



RESPONSIBILITY

Sincere Stewardship

Everything you have is from the Lord; manage His resources accordingly.

Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. 1 Peter 4:10

Selfless Service

God has gifted you to serve others.

For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many. Mark 10:45

Missional Living

True purpose is found in making disciples.

Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age. Matthew 28:19-20



5th Grade

First Semester

The Basics of Faith (5 Weeks)

Creation
Sin
Redemption
New Life
Telling the Story

The Church (5 weeks)

What is the Church?
Why Be a Member of the Church?
The Ordinances of the Church: Baptism
The Ordinances of the Church: The Lord's Supper
SHC (What we do, Ministry intros, "Behind the Scenes")

Second Semester

Second Greatest Story (5 Weeks)

What is a Testimony?
Writing Your Story
I am Second
The Real Beauty of Your Story
Sharing Your Story

NEW: First Steps for New Christ-Followers (5 Weeks)

First Things First
Knowing God
What It Means To Follow
Living The New Life
What Now? / How to Disciple a Friend

6th Grade

First Semester

Building HABITS (10 Weeks)

Knowing Jesus / Building Wise HABITS
HABITS: The Bible
HABITS: Prayer
HABITS: Worship
HABITS: Giving
HABITS: Fellowship
HABITS: Scripture Memory
HABITS: Evangelism
Examples of HABITS: Daniel, Esther, Peter
Just Like Jesus: Representing Jesus Every Day

Second Semester

Transitions to Adulthood Becoming a Proverbs 31 Woman (10 Weeks)

For Girls

The Basics
Being Trustworthy
Buckle Down
Smart and Strong
Love for Others
Not Anxious about the Future
The Right Kind of Guy
Wise Words
Appreciated
Real Questions, Real Answers

Transitions to Adulthood The Two-Minute Drill to Manhood (10 Weeks)

For Guys

Who's Your Master?
Ask and Listen
Never Compromise
Handle Your Business
One Purpose
One Body
Don't Ever, Ever, Ever, Give Up
A Real Man
What Now?
Real Questions, Real Answers



7th Grade

First Semester

**The Story
(5 Weeks)**

Creation
The Fall
The Rescue
The Restoration
What does this mean for me now?

**Discovering Your Identity
(10 weeks)**

For Girls

Beware! Are You Sending The Right Message?
Do You Need A Friend?
Who's Running For President?
Can You Keep A Secret?
Mirror, Mirror On The Wall
Kindness, It Can Make All The Difference
Is Pure Better?
The Big Deal About Sex
Finding Your Worth
He'll Take You... Where?

**Discovering Your Identity
(10 weeks)**

For Guys

What Does It Take To Be A Man?
Walking With Confidence
Hanging With God At The Mall
What Would "God's Strongest Man Contest" Look Like?
How To Keep The Girl And Not Lose God
Start Winning The Battle Against Lust
Learning To Walk The Path Of A Man
Don't Pass The Buck, Step Up!
Take The Lead
Final Word, Get The Right Tools

Second Semester

**I.D.entity:
Discovering Who God Created Me To Be
(3 Weeks)**

Who I Am (Colossians 3:17; Romans 12:1-2)
Who I Am Not (Galations 1:10)
What I Am Created To Do (1 Corinthians 12:12-21)

**The Purpose Of Ministry
(2 Weeks)**

Learning To Love God
Learning To Love Others

**Discovering Your Ministry
(8 Weeks)**

What The Bible Says About Ministry
Discovering How God Has SHAPED You For Ministry
Spiritual Gifts
Gifts Test
Heart
Abilities
Personality
Experiences

**Secrets to Praying Well
(2 Weeks)**

Why We Pray
How to Pray

8th Grade

First Semester

**BASIC
(7 Weeks)**

Fear God
Follow Jesus
Holy Spirit
Fellowship
Teaching
Prayer
Communion

**Discovering My Life Mission
(4 Weeks)**

Discovering My Life Mission
God's Purpose for My Life
Jesus' Mission on Earth
Developing Compassion for the "Least of These"

**Worship: That Thing We Do
(4 Weeks)**

Worship - Why It Matters, Part 1
Worship - Why It Matters, Part 2
The Big Picture, Part 1
The Big Picture, Part 2

Second Semester

**Becoming A World Class Christian
(3 Weeks)**

What On Earth Is God Doing?
How To Get In On What God Is Doing
What It Takes To Be On Mission For God

**The Life Of Paul:
A Look At Someone On Mission
(10 Weeks)**

Acts: A Changed Life (Acts 9:1-22)
The Gospel In Action: Relationships (Romans 1:8-17)
The Gospel In Action: Righteousness (Romans 3:21-28)
The Gospel In Action: Unfailing Love (Romans 8:31-39)
The Gospel In Action: Missions (Romans 10:8-15)
The Gospel In Action: Sacrificial Living (Romans 12:1-1)
An Inward Look: Wisdom (1 Corinthians 10:12-13)
An Inward Look: Rising Above (1 Corinthians 12-13)
Growing Up in The Faith: Never Too Young (1 Timothy 4:11-16)
Growing Up In The Faith: God's Word In Our Lives (2 Timothy 3:14-17)

**Jonah
(2 Weeks)**

Running From God
A Compassionate God



9th Grade

First Semester

Share Jesus Without Fear (5 Weeks)

Developing a Heart to Share Jesus
Learning a Way to Share Jesus
Responding to the Challenge to Share Jesus
Being Obedient to Share Jesus
Let's Do This!

Every Young Woman's Battle (10 weeks)

For Girls

Understanding Our Battle
Avoiding Self-Destruction
Avoiding the Destruction of Others
Guarding Your Mind
Guarding Your Heart
Guarding Your Body
Looking for Love in the Right Places
If You Desire Other Women
Look Out! (Internet, Selfies, & Sexting)
Getting Your Questions Answered

Every Young Man's Battle (10 weeks)

For Guys

Where Are We?
How We Got Here
Choosing Authentic Manhood
The "M" Word
Setting Your Defenses
Sexual Honor
Look Out! (Internet, Selfies, & Sexting)
Ready for the Challenge
Don't Keep it to Yourself
Getting Your Questions Answered

Second Semester

Know Who You Really Are (2 Weeks)

Who Defines You? (1 Samuel 16:7)
Protect Your Identity (1 Samuel 17:12-51)

Why I Believe What I Do (7 Weeks)

How to Study the Bible: The Power of the Word in the Believer's Life
How to Study the Bible: The Power of the Word (Part 2)
How to Study the Bible: Who Can Study The Bible?
How to Study the Bible: A Practical Guide
Bible Study – Other Methods
My "Adult Christianity" (J. Budziszewski)
Big Boy / Big Girl Conversations

Psalms: Interacting With An Awesome God (6 Weeks)

Turning to God (Psalm 3)
When God Lifts You Up (Psalm 30)
Dealing with Sin (Psalm 51)
When God Seems Distant (Psalm 22:1-5)
Walking the Right Way (Psalm 101)
A God Who Watches Over Us (Psalm 138)

10th Grade

First Semester

Integrity: Standing Firm in Tough Times (3 Weeks)

Develop Discipline and Work Ethic (Daniel 6:1-5)
Integrity Under Fire (Daniel 6:6-17)
Integrity Can Lead to Blessing (Daniel 6:18-28)

Best Question Ever (Wise Decision Making) (6 Weeks)

The Best Question Ever? (Ephesians 5:15-17)
Musical Chairs (Proverbs 1:20-33, 7:6-23, 10:23, 13:20, 26:11)
Living On The Edge (1 Corinthians 6:18)
Time Bandits (Ephesians 5:15-17)
A Little Help From Our Friends (Genesis 41)
The Best Decision Ever (Proverbs 9:10)

Apologetics Study "Ask" – Ravi Zacharias (6 Weeks)

Origin
Meaning
Morality
Destiny
Yes, Your Question, Part 1
Yes, Your Question Part 2

Second Semester

Understanding World Religions (6 Weeks)

Atheism (Romans 1:19-20)
Judaism (Acts 2:36-39)
Islam (Mark 8:27-29)
Easter Religions (John 14:6)
Mormonism (John 1:1-18)
Jehovah's Witness, Christian Science, Unification Church,
Scientology, Wicca, New Age, Transcendental Meditation, Baha'i

Destinations: The Path Principle (4 Weeks)

The Path Principle
Looking Ahead
Now and Then
Attention Deficit Disorder

James Study (5 Weeks)

Persevere in Your Faith (James 1:1-18)
Display Your Faith (James 2:14-26)
Watch Your Words (James 3:1-12)
Control Your Selfishness (James 4:1-17)
Stay on Track (James 5:1-20)



11th Grade

First Semester

Do Hard Things: Rebelling Against Low Expectations (6 Weeks)

Most People Don't / The Birth of a Big Idea
The Myth of Adolescence / A Better Way
That First Scary Step / Raising the Bar
The Power of Collaboration / Small Hard Things
Taking a Stand / Generation Rising
A Thousand Young Heroes / Word...Rebelutionaries

Nehemiah Study (3 Weeks)

A Life Interrupted (Nehemiah 1)
Responding With Action (Nehemiah 2)
Leading the Way (Nehemiah 3 and 4)

Radical: Taking Back Your Faith From the American Dream (6 Weeks)

Radical Abandonment
Radical Grace
Radical Focus
Radical Strategy
Radical Vision
Radical God

Second Semester

The Justice Mission (5 Weeks)

God Is Big on Justice.
Oppression.
What God Hates.
Joining the Fight Against Injustice.
God's Vision Brings God's Provision. Do It Now.

The God Conversation: Using Stories & Illustrations to Share Your Faith (6 weeks)

The Power of Illustrations (Intro, Ch. 1-2)
Can God Be Good If Terrorists Exist? (Ch. 3-4)
Jesus, Buddha, or Muhammad? (Ch. 5-6)
The Resurrection (Ch. 7-8)
What Would Machiavelli Do? (Ch. 9-10)
Are We An Accident? (Ch. 11, Final Thoughts)

1 & 2 Timothy Study (4 weeks)

1 Timothy
1 Timothy: Part 2
2 Timothy
2 Timothy: Part 2

12th Grade

First Semester

Intro
(2 Weeks)

Dream Session
College Intro

Revelation Study
(4 Weeks)

Revelation, Part 1
Revelation, Part 2
Revelation, Part 3
Revelation, Part 4

Generation Change
(Financial Peace University Study)
(9 Weeks)

BE Who God Created
Lesson 1: Be Yourself
Lesson 2: Be Realistic
Lesson 3: Be Aware
DO More With Your Money
Lesson 1: Do the Details
Lesson 2: Do the Math
Lesson 3: Do Your Part
GO Write Your Story
Lesson 1: Go Debt Free
Lesson 2: Go to Work
Lesson 3: Go the Distance

Second Semester

Knowing "Why?"
(2 Weeks)

180
God v. Evolution

The Plan
(13 Weeks)

The Plan: Principle #1 (Relationship with God)
The Plan: Principle #2 (Spiritual Disciplines)
The Plan: Principle #3 (Great Commission)
The Plan: Principle #4 (Wise Choices)
The Plan: Principle #5 (Friendships)
The Plan: Principle #6 (Education)
The Plan: Principle #7 (Stewardship)
The Plan: Principle #8 (Dating)
The Plan: Principle #9 (Future)
The Plan: Principle #10 (Accountability)
The Panel
Transitions Part 1
Transitions Part 2

Dear Families,

Grounded for Life follows nine biblical principles as a framework for a comprehensive discipleship plan that really begins in preschool and continues into college and beyond. It is based on the premise that the home and the Church are the foundational units ordained by God to make disciples. It also serves as a guide for our programs and for the wise use of our resources. Thanks for allowing us the opportunity to partner with you as we develop students who are Grounded for Life.

Know that we are here for you, and please do not hesitate to contact us!



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How To Get Connected

Stay updated with information about Preteen & Student Ministries' programs & events through the resources listed below.



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