



Adult Groups at Sugar Hill Church are for all adults, no matter what age you are or what stage of life you're in. Over the next few pages, you'll find Groups for men or women, singles or couples.

Our goal is to make it easy for you to jump in. We have many different Groups that can fit with your lifestyle.



Groups range in size depending on when and where they meet. They are typically small groups of folks that meet each week in a convenient location or online where you can learn more about the Bible, grow in your faith, and have fun meeting new people!

We believe that we are to live in community with others and grow together! We'd love to invite you to join a Group this semester.

Once you decide which Group is perfect for you, simply click below to register + use the Group name to make registration super simple!



**SEMESTER STARTS
SEPTEMBER 7**

GROUPS FOR ANYONE

Leader: Neil Strong

Location: ROOM A204A/B

Time: Sundays at 9:30AM

Shallow breathing or even a feeling that you can't breathe. Constant negative thoughts. Inability to focus. Most of us relate in some way to these feelings. Anxiety is that vague feeling that something isn't right, that something bad may happen. Worry becomes an all-consuming part of life. In this eight-session Bible Study, we will look at a variety of Old Testament and New Testament Scripture passages that cover experiences of general anxiety, worry, and panic.

Ongoing Group

Troubled Minds

Leader: Britt & Patti Bramblett

Location: ROOM A204E/F

Time: Sundays at 9:30AM

This group is made up of people who enjoy getting together for Bible study and discussion each week. The curriculum we use enables us to do an in-depth study of different books of the Bible and learn to apply truths found in these to our life experiences.

Ongoing Group

Explore the Bible

Leader: Tom Williams

Location: ROOM B201A/B

Time: Sundays at 9:30AM

This group is for anyone who enjoys getting together for Bible study and discussion each week. For the next several months we'll be finishing our study of 1st, 2nd, & 3rd John, and then plan to move into an overview of the Old Testament prophets.

Ongoing Group

Leader: Bob Bruce

Location: ROOM B200

Time: Sundays at 10:00AM

Everybody has a next step. This 6-8 week class is a great next step in knowing God. This class will cover the essentials of faith and is also a great place for new members, new believers, and anybody that wants to build their faith.

Semester Group

Christianity 101

Leader: Derek Miller

Location: ROOM A204E/F

Time: Sundays at 11:00AM

This group is made up of people who enjoy getting together for Bible study and discussion each week. The curriculum we use enables us to do an in-depth study of different books of the Bible and learn to apply truths found in these to our life experiences. This fall we will be doing a Bible study of the book of Revelation and the implications for the world we live in today. Together, we enjoy a relaxed atmosphere and frequent fellowships that allow us to connect with one another and grow closer to the God we serve.

Ongoing Group

The Book of Revelation

Leader: Andy & Sarah Armento

Location: ROOM A204D

Time: Sundays at 11:00AM

This group is for parents of students, especially if you have children in the Kids or Student Ministry. We want to help each other as the body of Christ as we try to lead our families.

Ongoing Group

Parents of Students

Leader: Cal & Amy Cartwright

Location: TBD

Time: Sundays at 11:00AM

Join us for a fun and exciting 6-week course that will help all of us dive deeper into financial freedom through shared resources and tools!

Semester Group

I Was Broke, Now I'm Not

Leader: Matt & Jill Johnson **FULL**

Location: TBD

Time: Sundays at 11:00AM

This group is composed of parents who are navigating the challenges of the teen/tween years. We support each other and look to God's Word for wisdom in training up our children in the way they should go.

Semester Group

Parents of Students

Leader: Richard Dodge

Location: ROOM B200

Time: Sundays at 11:00AM

This is an ongoing Bible study group that uses the Explore the Bible curriculum material from LifeWay Christian Resources. The primary focus of our study is to help adults grow deeper in their knowledge of the Bible and how God's Word applies to our lives, with the additional goal of equipping adults to serve as leaders in various parts of our educational ministry. This class is anchored in a systematic study of various books of the Bible, with the goal of covering all books of the Bible over several years. We welcome any adult regardless of age who wants to dig deeper into how the Word of God can impact their lives.

Ongoing Group

Explore the Bible

Leader: Joe Wells
Location: The Theater
Time: Sundays at 12:30PM

Come grow with us! All are welcome to our bi-weekly group, where we celebrate building relationships. We meet in The Theater right after 11:00 gathering.

Semester Group

Learning and Growing Together

Leader: Stephen Box
Location: Virtual/Online
Time: Mondays at 6:30PM

In this study by Andy Stanley we can imagine how different our outlook on life would be if we had absolute confidence that God was with us. Imagine how differently we would respond to difficulties, temptations, and even good things if we knew with certainty that God was in all of it and was planning to leverage it for good. In other words, imagine what it would be like to have PERFECT faith.

Ongoing Group

5 Things to Grow Your Faith

Leader: Susan Green & Gail Wall
Location: ROOM A118
Time: Wednesdays at 6:00PM

DivorceCare is a divorce recovery support group where you can find help and healing for the hurt of separation and divorce. **Childcare available by registration.**

Semester Group

DivorceCare

Leader: Nancy Sember
Location: Worship Center Lobby
Time: Wednesdays at 7:00PM

Come join the Sugar Hill Church Prayer Team as they join with Sugar Hill Español Prayer Team to pray every Wednesday Evening in the Worship Center Lobby. Beginning at 7:00PM, we are available and honored to pray with anyone in-person who has a prayer need, and then we have community prayer time at 7:30PM.

Semester Group

Prayer Team

Leader: Bob Bruce
Location: The Middle Room
Time: Thursdays at 7:00PM

Community Bible Study is a program that provides in-depth Bible studies that take participants verse-by-verse through whole books of the Bible. There is emphasis on application of the Bible in the participant's personal life. Community Bible Study welcomes people from all backgrounds and levels of Bible knowledge. This year we will be studying Philemon, James, 1 John, 2 John, 3 John, and Jude. Contact Bob Bruce at bob.brucega@gmail.com to attend this group.

Semester Group

Community Bible Study

Leader: Bobby McGraw
Location: Virtual/Online
Time: Thursdays at 7:00PM

At this very moment, each of us finds ourselves going into, in the middle of, or coming out of one of life's challenges. Whether the challenge is mental, emotional, relational, physical, or spiritual, we experience the testing of our faith daily. God's desire for us is to not merely pass the test but to demonstrate our faith is genuine and develop the character of Jesus Christ. As we attend the school of hard knocks together, let us learn principles from Joseph's life that will enable us to be changed (in a good way) as we face life's challenges!

NEW! Semester Group

The Challenges that Change Us

GROUPS FOR WOMEN

Leader: Carolyn Hill & Allison Bryant
Location: ROOM B210A/B
Time: Sundays at 8:00AM

This class has a diverse group of women ranging in age from young working class to retired seniors. All the women are young at heart and are known to be prayer warriors. They all have a common bond – their love for each other.

Ongoing Group

Bible Studies for Life

Leader: Katie Gower & Tara Hembree
Location: ROOM B210A/B
Time: Sundays at 9:00AM

Join Priscilla Shirer on this 7-session journey through the life and times of the prophet Elijah to discover how the fire on Mount Carmel was forged in the valley of famine. And how the emboldened, fiery faith you desire is being fashioned by God in your life right now. Every serious believer longs to summon up the kind of boldness and faith that can stand firm on Mount Carmel and pray down heaven into impossible situations. Yet few are willing to go through the process required to get them there. Strength of faith, character, and boldness can only be shaped in the hidden fires of silence, sameness, solitude, and adversity. Those who patiently wait on God in the darkness emerge with their holy loyalty cemented, their courage emblazoned, and their confident belief in Him set afire.

NEW! Semester Group

Elijah by Priscilla Shirer

Leader: Savannah Whaley

Location: A204F

Time: Sundays at 11:00AM

In **Get Out of Your Head** DVD Bible study, Jennie Allen inspires you to stop negative thinking patterns and take back control of your thoughts and emotions. This six-session study will guide you through the book of Philippians, challenging you to fight the enemies of the mind with the truth of God's promises.

NEW! Semester Group for Young Women

Get Out of Your Head

Leader: Ginger Aster

Location: ROOM A118

Time: Mondays at 7:00PM

Join us every month as we find God's truth, hope and promises in Christian fiction. Many authors are inspired by the Holy Spirit to write stories that can draw us closer to our Savior. We meet on the 4th Monday night of each month.

Semester Group

Ladies Book Club

Leader: Sharon Strong

Location: ROOM A204E/F

Time: Tuesdays at 9:30AM

Join us as we study how Matthew presents his story of Jesus, the demands of Christian discipleship, and the breaking-in of the new and final age through the ministry but particularly through the death and resurrection of Jesus. **Childcare available by registration.**

Semester Group

The Gospel of Matthew

Leader: Christian Fransen

Location: ROOM A204A/B/C (Virtual Available)

Time: Tuesdays at 9:30AM & 7:00PM

Faithfulness regardless of our circumstances. That's what it means to be steadfast. But in a world where so much can undermine our faith or pull us off track, steadfastness is often a rare and elusive trait. Join us this semester in-person or online as we dig into the book of James for practical truths about living our lives faithfully in the world around us. **Childcare available by registration for Tuesday morning only.**

Semester Group

Mom's Group

Leader: Lori Culp

Location: Sugar Hill Area

Time: Tuesdays at 6:00PM

Join our women's weekly walking group - you will burn calories, strengthen your heart, boost your energy, and be encouraged as Lori adds a great devotion during your time together.

Semester Group

Women's Walking Group

Leader: Jen Armstrong

Location: ROOM B201A/B

Time: Wednesdays at 6:00PM

In **Forgiving What You Can't Forget**, readers will find that Lysa TerKeurst has wrestled through the journey of feeling stuck in a cycle of unresolved pain, playing offenses over and over in your mind. And she's discovered that, to find life-giving freedom, you have to let go of bound-up resentment and resistance to forgiving people who aren't willing to make things right. **Childcare available by registration.**

NEW! Semester Group

Forgiving What You Can't Forget

Leader: Tiffany Gunter

Location: Virtual/Online

Time: Wednesdays at 7:30PM

In this 6-week study you will learn how to live a less complicated life and how to put Jesus first. There are a lot of things that can get in the way of that ultimate priority--from over-working to over-thinking. Many times, our lives get complicated before we know it. Most of us don't willfully choose this; we silently slide into it. In this study you will learn how to build up defenses against damaging thought patterns and learn to reorder your priorities to consistently put Jesus back on top. **Jesus Over Everything** is a close look at the Jesus-first life and the better things it offers.

Semester Group

Jesus Over Everything by Lisa Whittle

Leader: Allison Pinckley

Location: SHC Fellowship Hall

Time: Thursdays at 6:30PM

Being a mom of little ones can be rewarding, but can be challenging, too. In this unique season of parenthood, please join us for a time of encouragement and fellowship as we cover topics that will not only offer you practical advice, but also refresh you to carry out your most important role - Mom. Join us for our first gathering on Thursday, September 23 from 6:30pm-8:30pm. **Childcare available by registration.**

Semester Group

SHC Moms: The Little Years

Leader: Debbie McGrath

Location: Virtual/Online

Time: Thursdays at 7:00PM

Finding hope in the book of Job. If you are like me, you have neglected Job, finding it too long and too confusing and a little depressing. In this study, you will see the trustworthiness of God in the midst of our trials. You will also catch a glimpse of God's purposes for our suffering. We will answer the question - *Where is God in the midst of suffering?* This Group begins October 7.

Semester Group

The Book of Job

GROUPS FOR COUPLES

Leader: Kerry & Sherryl Myrick

Location: ROOM B210A/B

Time: Wednesdays at 6:30PM

Join us as we explore ways to make your marriage what God designed it to be. We will have lots of fun as we explore how God's desire for husbands and wives to relate to each other. When you understand how husbands and wives process situations differently you will learn how to turn those stressful situations into positive ones. We will include a Bible study along with our weekly discussions related to couples and marriage. We will focus on careers, hobbies, children, and family and other things that can put stress on a marriage and too many times they take couples in different directions; growing one's faith and relationship in Christ is something couples can share and do together. This is a group for all ages and stages of marriage. **Childcare available by registration.**

Ongoing Group

Elevate Your Marriage

GROUPS FOR MEN

Leader: Bill Cox **FULL**

Location: Offsite

Time: Sundays at 7:00PM

This group for men meets twice a month in a home to discuss Christian books chosen by the group to become better Christ followers.

Semester Group

Leader: Freddie Cross

Location: Virtual/Online

Time: Thursdays at 8:00PM

Man Church Group Chat is a weekly "virtual" small group. We engage in a facilitated discussion each week that focuses on how we take the words OUT of the Bible and live them out IN our everyday lives. We also meet in-person once a month on Sunday evenings at the church.

Ongoing Group

Man Church Group Chat

Leader: Andy Armento

Location: Offsite

Time: Fridays at 5:30AM to 6:15AM

Join us for a time of fitness and fellowship as we demonstrate our faith through outreach. We are open to all men of all fitness levels and always free of charge. All workouts are outdoors. For more information, visit the website f3gwinnett.com, email Andy Armento at andyarmento@gmail.com, or call/text at 470-589-9088. For Cherokee Bluffs location, please contact David Cullen at 1790crew7@gmail.com or 678-956-3610 or Andy Smith at smithberry99@gmail.com.

Ongoing Group

Men's Fitness Group

Leader: Steve Embry

Location: Offsite

Time: 2nd Saturday of the Month at 8:00AM

Join our monthly Devotional, grounded in the Word of God, that challenges us in our daily walk. The topics vary, based upon and building on other devotionals. We also meet for breakfast and fellowship where we share the joys and trials of the month behind and challenges for the month ahead. For more information, email Stephen Embry at sdembryb@gmail.com.

NEW! Semester Group

GROUPS FOR SENIOR ADULTS

Leader: Tal Davis

Location: ROOM A204D

Time: Sundays at 8:00AM

This group is a traditional class for men ages 55 plus who prefer a lecture and discussion style class. Join this group each week as they do a general study of the Bible and the great promises it gives us.

Ongoing Group

Explore the Bible

Leader: Vicki Young

Location: ROOM A204C

Time: Sundays at 8:00AM

This group of very active senior women enjoys a deep Bible study and wonderful fellowship together as well as many great opportunities to use your gifts in ministry. Centered on prayer and caring, this group will offer you a warm place to call home.

Ongoing Group

Bible Studies for Life

REGISTER HERE